

Contact Information

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This document is also available:

- In large print size 18 / 24 point font
- In braille or audio tape
- As a computer file or DVD
- Easy read with pictures

If you require help understanding the contents of this leaflet, please telephone 0116 295 4743.

এই ডকুমেন্ট'এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

જો તમને આ દસ્તાવેજમાં આપેલ માહિતી સમજવા માટે મદદ જોઈતી હોય તો મહેરબાની કરીને **0116 2954743** પર ફોન કરો.

अगर आपको इस दस्तावेज में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फोन कीजिए।

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਵਿਸ਼ਾ ਵਸਤੂ ਸਮਝਣ ਲਈ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ **0116 295 4743**

Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

اگر اس تحریر کے سمجھنے میں آپ کو مدد کی ضرورت ہو تو مہربانی کر کے **0116 2954743** پر ٹیلی فون کریں۔

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**Let Me:
Cut with Scissors**



**Children's Occupational Therapy
Service Information for Children,
Parents, Carers & Professionals**



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What is this leaflet about?

The aim of this leaflet is to provide general advice on how to develop scissor skills.

Safety points

- Children with scissors should be supervised at all times.
- Scissors should be carried with the blades closed in the palm of the hand, with the handles pointing upwards.
- Scissors should be put down before moving onto the next activity.
- Children should be careful with paper to avoid paper cuts.

Where should we begin?

Using scissors is a complex skill. Children may not be able to cut accurately and independently for many years and require opportunities to practice at home and school. Children may need help with:

- Opening or closing scissors and holding them correctly
- Using both hands together to work the scissors and paper
- Following the direction of the lines
- Organising the task

There are alternative types of scissors available that may be helpful to try.

Ways to help

- Left handed scissors are available for children who prefer to use their left hand.
- Children who have difficulty opening or closing scissors can practice using self-opening scissors.
- Sitting well at a table and propping elbows onto the table can help with controlling scissors.
- Start with cutting narrow and small strips of paper using a snipping action to cut through the strip.
- Make sure children move the scissors in the right direction.
- Encourage children to cut away any excess paper.
- Help children to cut around curves by moving the paper with their non-scissor hand.
- Use paper or thin card to practice cutting.
- Adjust the paper to suit if children are left or right handed.

How can I make practice fun?

- Cut out pictures from old cards and make a collage or labels for presents.
- Cut pictures that children like, such as footballs or patterns, and make them into a scrap book.
- Make and cut paper dolls or paper chains.

