# www.leicester.gov.uk/earlyhelp Leicester Early Help Assessment Model

### What is Early Help?

Children and young people can experience a range of difficulties at any time in their life. Early help services are for children and young people of any age and can be supported from all kinds of services and organisations who work together to support the family.

Leicester's Partnership Early Help Strategy has three key aims:

#### **SUPPORT**

We want to target resources effectively to support children, young people and their families as early as possible when problems arise.

We want children to have secure attachments to capable, confident parents, and be supported in their development.

#### **STRENGTHEN**

We want to build on the strengths and capacity of families and communities to meet childrens needs independently through universal services.

We want children to develop friendships and enjoy learning and play, to reach their full potential, and be ready for secondary school. In secondary school we want engaged, emotionally resilient young people, achieving their ambitions and setting goals for the future, and understanding how to get there. We want engaged young people aged 16+ who are in education, employment or training that matches their ambition and ability, who have respectful relationships and good friends, have skills for independence. and able to see the future positively.

#### **THRIVE**

We want to support children to thrive by intervening to improve key protective factors that help build resilience.

We want all our children and young people to be healthy and safe from all forms of harm including exploitation and bullying, to have secure warm attachments to people who care for them and look out for them, and are enabled to make good choices in their lives.

### Working together to support children, young people and their families to THRIVE

### our 9 Step Early Help Process'

We work with our partners, using a multi-agency team around the family approach, with children at the centre and an identified lead practitioner.



#### Help may be needed

1. You or a professional identifies that you and your family may need help.

#### We have the right conversation

2. A professional talks to you and your familyto try to understand the issue.

We understand the problem and help you need

3. The professional checks the Leicester. Leicestershire, and Rutland Threshold Guidance to confirm the level of need and response required.

### We agree the next steps with you

6. The professional will complete the assessment with you and as the Lead Professional, will set up a team around the family meeting (TAF) to bring everyone together to agree next steps

#### we identify the right support

5. The professional will get your agreement to share information with other agencies such as school and complete an assessment with you to make sure we capture all of the information about you and your family.

#### We look at who else can help

4. Professionals can seek help from other agencies, one of the ways they can do this is by coming to the Early Help Partnership Allocations Hub to see what support can be offered.

#### We will develop a 'Family Plan' with you

7. At your TAF meeting, a plan will be put together detailing what is going well, what the worries are and what needs to happen with actions for you and others. Your plan will be clear on what you and agencies working with you will see to know things are better.

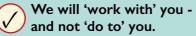
#### We work together to ensure things are getting better

8. The Lead Professional will ensure that the plan is on track and bring agencies together on a regular basis with you to check progress and look at next steps.

#### We complete the Plan and provide on-going support

When all the actions in the Plan are completed and the needs have been met, it is agreed that an Early Help Assessment is no longer needed and the plan will end.

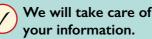
We will listen to you and not judge you.



We will make every contact count.



We won't pass the buck.





Our assessments will be uncomplicated and robust.



We will give you one point of contact.

# Children's Trust

#### Leicester's Early Help Partnership believes:

Early Help is the shared responsibility of all agencies that work with families with children and young people of any age and at any time

Services providing early help should be responsive, flexible and focused on safeguarding children and young people, improving family outcomes and promoting their health and wellbeing

Children and young people's needs are best met when addressed in the context of the whole family, with agreement, as part of a holistic 'team around the family response'

All children, young people and families have a right to receive high quality services that are appropriate to their needs and take their views and lived experience into account

Where possible, children and young people should be supported in their local communities in universal settings, avoiding the need for specialist or statutory involvement

The workforce should be capable and confident, with organisations supporting staff to develop their skills and work collaboratively to provide support to children, young people and families

Services providing early help services should share information appropriately in order to improve services to reduce risks to children

## OUR PLEDGE